

Adult Immunization Record

Ask your health care provider to record each vaccine you receive. Keep this record in a safe place with other important health records.

LAST NAME FIRST NAME

ADDRESS

CITY, PROVINCE TELEPHONE

DATE OF BIRTH

D	D	M	M	Y	Y	Y	Y

Vaccine & Lot #	Date Given (DD/MM/YYYY)	Given by (initials)	Date next dose due
MMR <small>A second dose may be needed in some people.</small>	1		
	2		
Varicella <small>(chickenpox)</small>	1		
	2		
Td <small>(tetanus, diphtheria)</small>			
Tdap <small>(tetanus, diphtheria with pertussis)</small>			
Herpes zoster			

For more information:
immunize.ca
 E-mail: immunize@cpha.ca

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Vaccines are not just for infants & children.

At any age, immunization provides the longest-lasting, most effective protection against disease.

Ask your health care provider or local public health office about immunization for you and your family.

Keep up to date with your recommended vaccines.

For travel vaccines:

visit www.travelhealth.gc.ca or contact your local health clinic or public health office. To order a separate Travel Immunization Record online via CPHA Publications: <http://publications.cpha.ca/products/3-3bk01448>

Adult Immunization

ARE YOU UP TO DATE?



What vaccines do you need?

Vaccine	Who should receive it?
Tetanus	everyone, every ten years
Diphtheria	everyone, every ten years
Pertussis (whooping cough)	everyone, once in adulthood
Influenza	annually for people at high risk of complications from influenza and anyone who wants protection from influenza
Pneumococcal	age 19-64: people with specific medical conditions; age 65 and over: everyone
Hepatitis B	people with medical, occupational or lifestyle risks and anyone who wants protection from hepatitis B
Hepatitis A	people with medical, occupational or lifestyle risks and anyone who wants protection from hepatitis A
Meningococcal	people with specific medical conditions and people living in residential accomodation including students and military personnel
Measles	people who have not had the vaccine or the disease
Mumps	people who have not had the vaccine or the disease
Rubella (German measles)	people who have not had the vaccine or the disease
Varicella (chickenpox)	people who have not had the vaccine or the disease
HPV	females and males 9-26 years (may be administered to females over 26 years of age)
Herpes zoster (shingles)	age 60 and over
Travel vaccines	varies by destination - consult a travel health clinic, your health care provider, local public health office or www.travelhealth.gc.ca

Meningococcal	Influenza	Pneumococcal <small>A second dose may be needed for those at risk</small>	Vaccine & Lot #	Date Given (DD/MM/YYYY)	Given by (initials)	Date next dose due

FOLD

FOLD

Other	HPV	Hep B	Hep A	if combo*	Dose (units)	Vaccine & Lot #	Date Given (DD/MM/YYYY)	Given by (initials)	Date next dose due
								1	2

FOLD

Combination vaccines should always be documented under each antigen.