

# Adult Immunization Record

Ask your health care provider to record each vaccine you receive. Keep this record in a safe place with other important health records.

LAST NAME FIRST NAME

ADDRESS

CITY, PROVINCE TELEPHONE

DATE OF BIRTH

|   |   |   |   |   |   |
|---|---|---|---|---|---|
|   |   |   |   |   |   |
| D | D | M | M | Y | Y |

| Vaccine & Lot #   | Date Given (DD/MM/YY) | Given by (initials) | Date next dose due |
|---|-----------------------|---------------------|--------------------|
| MMR<br><small>A second dose may be needed in some people.</small> | 1                     |                     |                    |
|   | 2                     |                     |                    |
| Varicella<br><small>(chickenpox)</small>                          | 1                     |                     |                    |
|   | 2                     |                     |                    |
| Td<br><small>(Tetanus, diphtheria)</small>                        |                       |                     |                    |
|   |                       |                     |                    |
| Tdap<br><small>(Tetanus, diphtheria with pertussis)</small>       |                       |                     |                    |
|   |                       |                     |                    |

**For more information:**  
[www.immunize.cpha.ca](http://www.immunize.cpha.ca)

03/2007



## Vaccines are not just for infants & children.

At any age, immunization provides the longest-lasting, most effective protection against disease.

Ask your doctor, nurse, pharmacist or local public health office about immunization for you and your family.

**Keep up to date with your recommended vaccines.**

## Adult Immunization

Are you up to date?

For travel vaccines visit [www.travelhealth.gc.ca](http://www.travelhealth.gc.ca) or contact your local travel health clinic or public health office. To purchase a separate *Travel Immunization Record* contact the CPHA Health Resources Centre, e-mail: [hrc@cpha.ca](mailto:hrc@cpha.ca), Tel: 613-725-3769.

Canadian Coalition for Immunization Awareness & Promotion  
[www.immunize.cpha.ca](http://www.immunize.cpha.ca)



